

Health and Wellness Policy

The safety and health of our staff, students and families are our primary concern. We will take the necessary precautions to limit the risk of the spread of Covid-19 including the following modifications to our health and wellness procedures such as daily drop-off/pick-up, daily health check and social distancing to the extent possible.

We are continuing to monitor the rapidly evolving public health pandemic COVID-19, the new coronavirus. We are following guidance from the Center for Disease Control (CDC), World Health Organization (WHO) as well as State and Local governing bodies which regulates practices and policies for the Child Care industry.

Effective immediately and for the foreseeable future, we will be following the below procedures with regard to health and wellness for the daycare.

Drop-offs/pick-ups:

- We will take custody of children at the door. Parents, authorized pick-up or non-emergency visitors will no longer be allowed inside daycare facility.
- Before parents leave, temperatures will be taken of each child **before** entry into the daycare facility.
- Temperatures will be taken upon arrival to daycare for afterschool pick-ups.
- Children will be required to cleanse hands with hand sanitizer supplied at entry then with soap and water after daily health check performed.
- Daily health check noting any wellness related issues your child is experiencing will be recorded.
- Please message the daycare approximately 15 minutes prior to pick-up so that your child will be dressed and ready for departure.
- ***Your household must remain out of daycare if a member of your household has COVID-19 or has come in close contact with anyone who has COVID-19 in the past 14 days. The household must be fever/symptom free for at least 72 hours without the use of fever-reducing medicines.***

Daily Health Check: Any child experiencing the following **will not** be allowed into daycare

- | | |
|--------------------------|---|
| - Fever of 100 or higher | - Vomiting (2 or more times in the past 24 hrs) |
| - Cough, Sore Throat | - Diarrhea (3 or more watery stools in past 24 hours) |
| - Muscle Aches | - Unusually tired, pale, confused or cranky |
| - Difficulty Breathing | |
| - Rash | |
| - Eye Infection | |

You are the best judge of your child's health and we trust you will not bring a sick child into the childcare center. However, if your child becomes ill or appears unwell while in daycare, the parent or emergency contact will be contacted to have your child picked up immediately to prevent the spread of any communicable illnesses to the staff or other children in care.

Failure to pick up your child within the requested time (minimum of 1 hour) may result in a temporary suspension of 1 day from daycare.

Return to Daycare after Illness:

- Your child may return to daycare after obtaining written verification from a doctor.
- Fever-free for 48 - 72 hours without the aid of fever reducing medications.
- In the case of chicken pox, when all the lesions are scabbed over.
- In the case of head lice, following treatment with appropriate shampoo so that **all** nits (eggs) are gone.
- In the case of contagious illness, your child should take an antibiotic for 48-72 hours before returning.
- In the case of persistent cough, 48-72 hours without the aid of cough suppressants, or allergy medication.

*** If questions arise to the appropriateness of a child's return to the center, the final decision will be that of the Center Director.**

**** Please note that the Department of Health will be notified of any communicable infections occurring in childcare as required by law including COVID-19. Note that as guidance is evolving, will we advise you of any current procedures as we are made aware by the Department of Health including temporary dismissal/exclusion from daycare and/or temporary closing of daycare.***

For your reference, please visit the below sites for updated information on COVID-19 and any recommended precautions.

Center for Disease Control and Prevention (CDC)

- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

New York City Department of Health and Mental Hygiene

- <https://www1.nyc.gov/assets/doh/downloads/pdf/imm/coronavirus-factsheet.pdf>
- <https://www1.nyc.gov/site/doh/covid/covid-19-main.page>

New York State Office of Children and Family Services

- <https://coronavirus.health.ny.gov/home>

Social Distancing:

- The CDC recommends socially distancing of at least 6 feet to the extent possible including playing, meals, and naptime.
- Meal times will be staggered to allow safe distancing while eating.
- Outdoor time is limited to neighborhood walks until further notice.
- Children will be placed in smaller age appropriate groups.

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Cloth Face Covering:

- As recommended by the CDC and mandated by New York State **Executive Order No. 202.16**, it is essential that all family child care provider/program staff wear face covering at all times and **Executive Order No. 202.17**, all children over the age of 2 attending family child care must wear a face covering at all times.
- Face covering to be supplied by parent/guardian.

Healthy Environment:

- Staff will disinfect high-touch surfaces, such as door handles, light switches, faucets, toys and games that children play with periodically during the day.
- Staff will perform enhanced deep cleaning every night in all areas, on all touched surfaces.
- Staff/children will wash/scrub their hands frequently and between each activity, before and after meals.
- Staff and children will have access to anti-bacterial hand sanitizers (age appropriately) during the day. Hand sanitizers will not replace the use of frequent handwashing with soap and water. These items will be kept in a safe location away from infants and toddlers.

Meal Preparation & Service:

- All surfaces will be disinfected before meal preparation and feedings using CDC or EPA approved products.
- All staff will wash hands before and after meal preparation and feeding.

Child's Name

Parent/Guardian

Date



Keep Me Home If...



Seattle-King County
Department of Public Health

When Your Child is Sick:

1. Have plans for back up child care.
2. Tell your caregiver what is wrong with your child, even if your child stays home.